



Spring School: Using Mediation Skills as a Professional

Course Leaders



John Sturrock QC

The course will be led by John who, as the founder and CEO of Core, has pioneered mediation and high quality training in business, the professions and commerce in Scotland and elsewhere. He has been described as "universally regarded as Scotland's finest mediator" and is recognised in the Best of the UK Mediators in Chambers Guide.

John has been involved in well over 350 mediations covering a broad range of disputes in the public and private sectors in the UK, mainland Europe, Middle East and elsewhere. Who's Who Legal of the world's leading commercial mediators describes John as "internationally recognised as a major player in this area". John is also a mediator with Brick Court Chambers in London.

He trained in negotiation at Harvard University and was named Specialist of the Year at the Scottish Legal Awards in 2003 and Mediator of the Year at the Law Awards of Scotland in 2009. He was awarded the Honorary Degree of Doctor of Laws from Edinburgh Napier University in 2010. He is an internationally recognised coach, facilitator and strategic adviser in the fields of negotiation, mediation and communication and has worked with business leaders and executives, senior civil servants, top athletes and parliamentarians and has been described as "one of the best teachers of mediation." He became a Queen's Counsel in 1999, is a Visiting Professor at Strathclyde University and, as the first Director of Training and Education in the Faculty of Advocates from 1994 to 2002, designed and led the Scottish Bar's award-winning advocacy skills programme.

John will be joined by various colleagues from Core's group of coaches



Liz Rivers

Liz was a commercial litigation lawyer in London for 10 years. One of the first people in the UK to become an accredited mediator, she has been mediating for nearly 20 years. She is recognised by Chambers Guide for her expertise in workplace and team conflicts and for her innovation and creativity.

She is a highly experienced executive coach and facilitator, working with senior leaders and rising talent in a wide variety of organisations. She has been a trainer of mediation skills since 1993.



Hugh Donald OBE

Hugh, formerly Chief Executive and Chairman of a leading Scottish legal firm, is a coach, mediator, and facilitator. He was formerly Chairman of Family Mediation Scotland and is a trained family mediator and Consultant to the Church of Scotland supporting the development of the "Place for Hope" initiative.

Accredited as a mediator with Core, he has practised for many years, coaching on various courses with Core.



Charlie Woods

Formerly Director of Strategy and Chief Economist at Scottish Enterprise and now executive director of the Scottish Universities Insight Institute, Charlie has extensive experience of industry, commerce, and public and private sector organisations, ranging from SMEs to government. His mediation and facilitation experience extends to planning, family business, management, PPP contracts, transport infrastructure, government policy and professional services. He is a Visiting Professor at Strathclyde University Business School.