



Emma Anstead

Associate



Emma qualified and practised as a lawyer in Scotland in 1998 and specialised in employment law, advising both employers and employees. More recently, while living in the United States, she qualified and worked as a mediator in Texas before returning to Scotland where she became a member of Scottish Mediation and gained accreditation as a mediator through Core.

Mediation Experience

- Qualified as a mediator in Texas, USA in 2020
- Mediator, Montgomery County Dispute Resolution Center 2019 - 2020
- Member of Scottish Mediation since 2020
- Accredited as a mediator in Scotland since 2021
- Member of the Edinburgh Sheriff Court panel of mediators
- Volunteer mediator as part of the Keeping Our Cool initiative during COP 26

Other experience

- Qualified as a solicitor in Scotland in 1998
- Worked in private practice for over 15 years
- Partner and Head of Employment Law of a commercial law firm based in Edinburgh 2006 - 2009
- Administrator of the Mediators' Green Pledge

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